



EXPECTATIONS

Mealtime

Worktime

Playtime

Bedtime

Be Respectful

- Say please, thank you and excuse me
- Ask others about their day and share about your day with others
- No cell phones, tablets, or computers at the table

- Keep work area clean
- Keep voice volume low
- Only ask for help after sincerely attempting to complete assignments and tasks independently
- Mute yourself throughout Zoom meetings unless the teachers gives permission to speak

- Play with toys as intended
- Keep voice volume low in the home and medium outside
- Include everyone
- Share with siblings and friends

- Put dirty clothes in basket
- Use quiet voices
- Say something you are grateful for

Be Responsible

- Help set the table or meal prep
- Try new foods
- Clear plate from table

- Work in a location that promotes focus
- Check Google Classroom or other communication from teachers throughout the day
- Keep a schedule of assignments and when they are due
- Turn completed work in on time
- Show up for Zoom or other conference meetings on time

- Follow rules during games
- Congratulate the winners of games
- One toy at a time
- Stop playing the first time asked
- Clean up and put toys back where they are stored

- Put on PJs
- Brush teeth
- Use bathroom
- Read for fun

Be Safe

- Wash hands
- Keep chair on 4 legs

- Report unsafe or bullying comments and sites to an adult
- Keep personal information private (logins, passwords, etc.)

- Keep small pieces on table
- Use toys and games as intended
- Ask permission before changing locations
- Wear protective gear when necessary

- Clean up before you go to bed
- Lights out at 9:00 PM

Adult Role

*Announce mealtime in advance
Assign chore roles*

Monitor work and provide assistance only when needed

Monitor play and provide a 5 minute warning for time to stop playing

Remind to go to bathroom and make sure lights are out at 9:00 PM



Mealtime

Worktime

Playtime

Bedtime

EXPECTATIONS

Be Respectful

Be Responsible

Be Safe

Adult Role

	Mealtime	Worktime	Playtime	Bedtime
Be Respectful				
Be Responsible				
Be Safe				
Adult Role				